* Discussion of data analysis plan
  1. What is the effect of Prebiotin vs placebo on the gut microbiome (controlling for diet, age, ethnicity, stress?)
     1. Stability over time - pre vs post intervention
     2. Diversity over time - pre vs post intervention
     3. Metabolic function (inferred) over time - pre vs post intervention
     4. Does baseline diet history (controlling for anthropometrics, age, ethnicity) predict microbiome response to intervention?
  2. What is the effect of Prebiotin vs placebo on anthropometrics (controlling for diet, age, ethnicity, stress?) - Did the intervention mitigate excess weight gain?
     1. BMI
     2. Lean mass
     3. Fat mass
     4. Weight, overall
     5. Weight change
  3. What is the effect of Prebiotin vs placebo on measures of stress
     1. What is the correlation between the microbiome and stress?
* Other suggestions for analyses you would like to do?
  1. Dietary analysis of medical residents, with blood lipids, body composition, PYY
  2. Stress? diet